

Distribution Map of Frost Resistance for Cement-Based Materials Based on Pore Structure Change

メタデータ	言語: eng
	出版者: MDPI
	公開日: 2020-11-16
	キーワード (Ja):
	キーワード (En): frost resistance, pore structure,
	cement-based materials, mercury intrusion
	porosimetry, maturity, durability factor
	作成者: NGUYEN, Xuan Quy, NOGUCHI, Takumi, NA,
	Seunghyun, 金, 志訓, 濱, 幸雄
	メールアドレス:
	所属:
URL	http://hdl.handle.net/10258/00010310





Article Distribution Map of Frost Resistance for Cement-Based Materials Based on Pore Structure Change

Nguyen Xuan Quy ^{1,2}, Takumi Noguchi ¹, Seunghyun Na ³, Jihoon Kim ¹ and Yukio Hama ^{1,*}

- ¹ Department of Civil Engineering and Architecture, Muroran Institute of Technology, Hokkaido 0508585, Japan; quynx@hau.edu.vn (N.X.Q.); 19096014@mmm.muroran-it.ac.jp (T.N.); bmjhun@mmm.muroran-it.ac.jp (J.K.)
- ² Department of Civil Engineering, Hanoi Architectural University, Hanoi 100000, Vietnam
- ³ Institute of Industrial Science, the University of Tokyo, 4-6-1 Komaba, Meguro-ku, Tokyo 153-8505, Japan; nash1122@naver.com
- * Correspondence: hama@mmm.muroran-it.ac.jp

Received: 8 May 2020; Accepted: 29 May 2020; Published: 31 May 2020



Abstract: This paper presents a prediction method and mathematical model based on experimental results for the change in pore structure of cement-based materials due to environmental conditions. It focuses on frost damage risk to cement-based materials such as mortar. Mortar specimens are prepared using water, ordinary Portland cement, and sand and the pore structure is evaluated using mercury intrusion porosimetry. New formulas are proposed to describe the relationship between the pore structure change and the modified maturity and to predict the durability factor. A quantitative prediction model is established from a modified maturity function considering the influences of environmental factors like temperature and relative humidity. With this model, the frost resistance of cement-based materials can be predicted based on weather data. Using the prediction model and climate data, a new distribution map of frost damage risk is created. It is found that summer weather significantly affects frost resistance, owing to the change in pore structure of cement-based mortar. The model provides a valuable tool for predicting frost damage risk based on weather data and is significant for further research.

Keywords: frost resistance; pore structure; cement-based materials; mercury intrusion porosimetry; maturity; durability factor

1. Introduction

Frost damage is a serious problem for concrete structures in cold regions. It is widely recognized that cement-based materials in areas that experience cold temperatures are exposed to freeze–thaw cycles that can cause frost damage and reduce service lifetime [1,2]. As well as theories about frost damage, limited mathematical models and methods have been proposed to make reliable predictions of the frost resistance of cement-based materials during their lifetime [3–6]. However, while numerous investigations have focused on the frost resistance of cement-based materials [7–11], no previous literature has been published concerning a prediction model for a distribution map of frost resistance due to the change in pore structure.

Typical methods include the risk of frost damage and the ASTM (American Society for Testing and Materials) equivalent number of cycles ($Cy_{ASTM-sp}$) are used for a distribution map of frost resistance. Hasegawa and Hon [12] calculated a value for frost damage risk from the temperature, solar radiation, winter precipitation, and snowmelt. Meanwhile, $Cy_{ASTM-sp}$ determines the regional characteristics of frost damage of target cement-based materials by converting the freezing and thawing actions

received per year from the temperature and environmental conditions into a number of freezing and thawing cycles in the standard of ASTM C-666 A method [13–16]. It is well known that the frost damage resistance of concrete depends on the pore structure [2,17,18]. In particular, the number of pores with a diameter of 40–2000 nm has a large effect on the frost damage resistance [19–22]. It is said that drying increases the pore volume of pores with a diameter of 40–2000 nm and decreases the frost resistance [23–26]. Thus, changes in pore structure are a necessary focus of research in frost resistance.

The frost damage risk and Cy_{ASTM-sp}, which are existing evaluation indexes of frost damage, evaluate only freeze–thaw actions in winter. However, these indicators cannot take into account the effects of reduced frost resistance due to summer drying. Both of these methods need to be improved. Since there is a correlation between frost damage resistance and the amount of pores with a diameter of 40–2000 nm, it is used to determine the service life of cement-based materials in terms of Cy_{ASTM-sp}. Figure 1 shows a flowchart for calculation of the service life of cement-based materials, taking into account the changes in pore structure due to the environment.

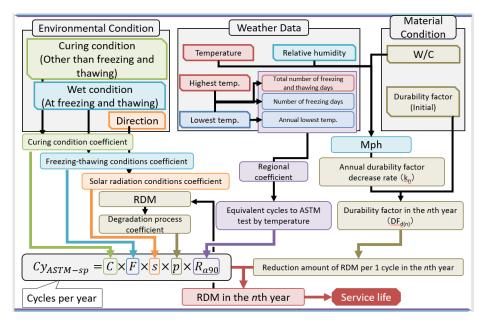


Figure 1. Overall flowchart for the calculation process.

The probability of occurrence of frost damage depends on environmental factors such as temperature and solar radiation and on the moisture content of cement-based materials [27–35]. Therefore, it is clear that the probability and risk of frost damage will vary from region to region, as illustrated by a distribution map of the risk of frost damage. Furthermore, it has been clarified that frost damage resistance decreases as result of changes in pore structure. This paper has confirmed that the pore structure changes depend on environmental conditions such as temperature and humidity. From this point of view, creating a distribution map of environmental indicators of frost damage and visualizing the regional characteristics of frost damage is very important.

Therefore, this study established a calculation method for combining functions of time, temperature, and humidity with $Cy_{ASTM-sp}$, and examined the applicability of each meteorological property to environmental indicators of frost damage. The environmental factors are the curing conditions (other than freezing and thawing), the freezing and thawing conditions, the temperature and humidity as weather conditions, the water–cement ratio (W/C), and material conditions. The aim of this paper is to investigate the service life of cement-based materials affected by the change in pore structure due to environmental conditions. This will be accomplished by investigating those factors and the initial durability factor determining $Cy_{ASTM-sp}$ (which is the number of freeze–thaw cycles received per year), $\Delta E_{(n)}$ (which is the decrease in relative dynamic elastic modulus per cycle) and determining

the amount of decrease in relative dynamic elastic modulus per year. It is considered that the number of cycles (N_{90} and N_{60}) at which the relative dynamic elastic modulus (E_d) drops to 90% or 60% and the durability factor can be calculated from the volume of the 40–2000 nm diameter pores and the maturity function of time, temperature, and humidity.

2. Materials and Methods

In this experiment, mortar specimens were prepared using Type I ordinary Portland cement (OPC) and natural sand. Natural sand with the maximum nominal size of 4.75 mm were used as fine aggregates in mortar. Fine aggregate has a specific gravity of 2.673 g/cm³, water absorption of 1.68% and the fineness modulus is 2.98. The chemical composition obtained by performing X-Ray Fluorescence (Malvern Panalytical Ltd, Malvern, UK) analysis and physical properties of the Type I ordinary Portland cement are shown in Table 1.

	Testing Value	
g/cm ³	3.161	
cm ² /g	3368	
%	2.0	
%	1.8	
%	22.6	
%	6.2	
%	3.1	
%	62.3	
%	0.68	
	cm²/g % % % % % % % % % % % % % % %	

Table 1. Chemical compositions of ordinary Portland cement.

Twelve prismatic mortar samples of $40 \times 40 \times 160 \text{ mm}^3$ were prepared with a water-to-cement ratio of 0.45 and a cement-to-sand ratio of 1:3 without any chemical admixture. In a mortar mixer, the cement, sand were first dry mixed until uniform and water was then added. The mixture was stirred evenly. The flow ability and the air content of fresh mortar were 189 mm and 5.3%, respectively. The mortar was cast, compacted via trowel rod with 25 standard blows. Then after, the mortar specimens were cured for 24 h at an ambient temperature of $20 \pm 3 \text{ °C}$ to achieve its setting. After demolding, the specimens were cut into cubes of $40 \times 40 \times 40 \text{ mm}^3$ and subjected to initial curing.

Initial curing took place for 4 weeks at 20 °C in water. Then the specimens were immediately placed in secondary curing conditions at 20 °C, 35 °C, and 50 °C in various conditions of relative humidity (RH; 23%, 60%, 75%, and 100%) for a period of 26 weeks. After curing under each environmental condition, the samples were cut into $5 \times 5 \times 5$ mm³ cubes, excluding the material within 1 cm of the surface and soaked in ethanol for 7 days to stop the hydration reaction of cement. This was then followed by drying through vacuum freeze dryer machine, pretreatment for 1 day.

Next, the pore structure of the mortar specimens was characterized using mercury intrusion porosimetry (MIP) according to Japanese Industrial Standards (JIS R 1655). MIP is a widely used technique for studying pore size distribution in cement-based materials. It applies Washburn's formula [35,36]:

$$\mathbf{r} = -\frac{2\sigma_{\rm m}\cos\theta_{\rm m}}{\rm P},\tag{1}$$

where P is the pressure, r is the capillary radius, θ_m is the contact angle between the mercury and the surface of the solid material tested, and σ_m is the surface tension of the mercury. The mercury intrusion porosimeter (PoreMaster 33, Quantachrome Instruments, Boynton Beach, FL, USA) can achieve hydraulic pump-generated pressures of 0–228 MPa.

3. Model Development

3.1. Results for Pore Structure Change Due to Environmental Conditions

To investigate the effects of environmental conditions on pore structure changes of cement-based materials, MIP tests were carried out on the mortar samples in different conditions. The pore size distribution obtained from the MIP tests was used to investigate the change in pore structure. In this study, the influence of environmental conditions on the change in pore structure is clear. The experimental results show that the change in pore structure depends greatly on temperature and humidity. As can be seen in Figure 2, the more the humidity increases (from 23% to 100% RH), the smaller the critical pore entry diameter tends to be (29 nm down to 7 nm). Changes of the critical pore entry diameter of mortar can be explained by the loose packing of the hydration products—calcium silicate hydrate (C-S-H) gel will be converted to low-density C-S-H at very low RH as reported by Wu et al. [37].

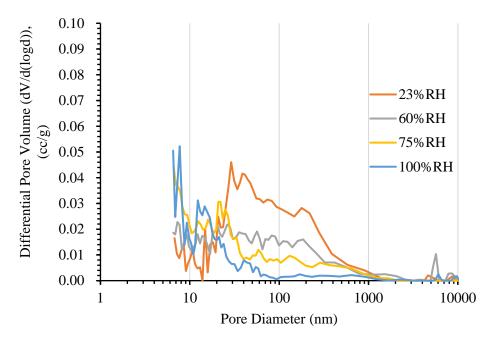


Figure 2. The differential pore size distribution of mortar at 20 °C.

In addition, it can be clearly seen that, as the temperature increases, the critical pore entry diameter also increases, as in Figure 3. The highest derivative peak in the differential pore size distribution increased sharply when the temperature reached 50 °C. The results in Figure 3 also give evidence for the coarsening of the pore structure, in good agreement with the findings of Suwanmaneechot et al. [38] and Jennings [39]. The main cause of coarsening of the pore structure is the nanostructure change of C-S-H at the drying temperature, according to Aono et al. [23].

As mentioned above, it is clear that the pore structure change is significantly influenced by environmental conditions. Therefore, in this study, practical formulas such as the modified maturity as a function of time, temperature, and humidity based on the presented findings [40,41] are formulated by:

$$M_{ph} = \sum_{t=1}^{n} (\theta_{d,t} - D_t) (H_t - \varphi_{d,t}) \Delta t,$$

$$D_t = 16, \text{ and}$$

$$H_t = 0.35 \left(\frac{W}{C}\right) + 0.6392,$$
(2)

where M_{ph} is the modified maturity function using time, temperature, and humidity (°C·days); $\theta_{(d,t)}$ is the curing temperature (°C); D_t is the datum temperature at which an increase in volume of 40–2000 nm

diameter pores does not occur (°C); H_t is the RH of the curing environment (%); and $\varphi_{(d,t)}$ is the datum humidity at which an increase in pore volume does not occur.

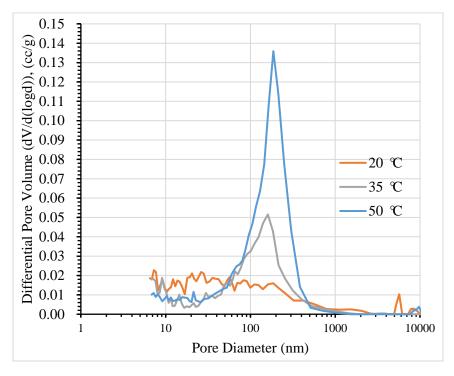


Figure 3. The differential pore size distribution of mortar at 60% RH.

According to previous research [41], the change in the volume of 40–2000 nm diameter pores that corresponds to a specific temperature–humidity environment and water-to-cement ratio is obtained from:

$$\ln\left(\frac{PV_{d}}{PV_{i}}\right) = w \sqrt{M_{ph}} \left(0 \le \sqrt{M_{ph}} < \sqrt{b}\right) \text{ and } \\ \ln\left(\frac{PV_{d}}{PV_{i}}\right) = m \left(\sqrt{M_{ph}} \ge \sqrt{b}\right),$$
(3)

where w is the slope of a straight line to the upper limit, m is the upper limit of the pore volume, and b is an empirical constant); PV_i is the volume of 40–2000 nm diameter pores after initial curing (cc/g); and PV_d is the volume of 40–2000 nm diameter pores after drying (cc/g).

The relationship between drying conditions and the change in pore structure is calculated with Equation (3) using the parameters obtained from the exposure test results. The modified maturity function in Equation (2) and the pore volume in Equation (3) will be used in Section 3.2.

3.2. Model for Predicting Frost Resistance Based on Pore Structure Change

Kamada et al. [19] found that the relationship between the volume of 40–2000 nm diameter pores, the air-content-to-paste ratio, and the durability factor is represented by:

$$\log(\text{DF}) = -0.317 - 1.209 \log(\text{PV}) + 1.799 \frac{\text{A}}{\text{P}},$$
(4)

where DF is the durability factor, PV is the volume of 40–2000 nm diameter pores (cc/g), and A/P is the air-content-to-paste ratio (%).

The ratio of the durability factors before and after the change in pore structure calculated from Equation (4) and combined with Equations (2) and (3) can be expressed as:

$$\frac{\mathrm{DF}_{\mathrm{d}}}{\mathrm{DF}_{\mathrm{i}}} = \left(\frac{\mathrm{PV}_{\mathrm{d}}}{\mathrm{PV}_{\mathrm{i}}}\right)^{-1.209} = \left(\exp\left(\mathrm{w}\,\sqrt{\mathrm{M}_{\mathrm{ph}}}\right)\right)^{-1.209},\tag{5}$$

where DF_d is the durability factor after drying and DF_i is the durability factor at initial conditions (water curing at 20 °C for 4 weeks is the standard).

Furthermore, this study established a prediction model that indicates the service life due to frost damage using the $Cy_{ASTM-sp}$ and the modified maturity function. It uses the modified maturity to take into account the decrease in frost damage resistance caused by summer drying. Therefore, a forecast of frost damage must also consider the change of pore structure during summer. This means that the frost damage of cement-based materials predicted by the modified maturity function is required, in addition to that determined by region in winter from $Cy_{ASTM-sp}$, in order to calculate the service life. The service life is determined by finding the maximum number of years in which the relative dynamic elastic modulus does not fall below 60%. $Cy_{ASTM-sp}$ is calculated using the coefficients shown in Table 2, using:

$$Cy_{ASTM-sp} = C \times F \times s \times p \times R_{a90},$$

$$R_{a90} = 4.2T - 5.4, \text{ and}$$

$$T = -t_{a \min} \left(1 - \frac{D_f}{D_w}\right),$$
(6)

where $Cy_{ASTM-sp}$ is the number of ASTM equivalent cycles (cycle/year), C is the coefficient for the curing conditions, F is the coefficient for the freeze–thaw conditions, s is the coefficient for the sunlight conditions, p is the coefficient for the degradation process, R_{a90} is the effective number of $Cy_{ASTM-sp}$ cycles in air temperature (cycles/year), T is a regional coefficient, $t_{(a min)}$ is the annual minimum temperature (°C), D_f is the total number of freezing and thawing days, and D_w is the number of freezing days.

			Process of Frost Damage		
ASTM Equivalent Cycles, $Cy_{ASTM-sp} = C.F.s.p.R_{a90}$ Degradation coefficient (p)			Signal 100% ≥ E _d > 90%	Clear 90% ≥ E _d > 60%	
			1.00	1.64	
	Solar radiation (s)	North face	1.00	1.00	
Condition Coefficients		South face	1.45	1.45	
	Curing and drying (C) C	In water	1.00	1.00	
		In air	0.66	1.41	
		Drying at 20 °C	0.26	0.80	
		Drying at 30 °C	0.14	0.45	
	Freeze-thaw (F)	In water	1.00	1.00	
		Freezing in air and thawing in water	0.21	0.23	

Table 2. Coefficients for the Cy_{ASTM-sp} formula.

In an actual environment, pore structure change causes a decreased durability factor, so the relative dynamic elastic modulus of cement-based materials cannot be represented by a simple straight line. Therefore, from the ratio of the durability factors, the decrease in the durability factor for each year is calculated. Because the maturity function varies every year, the evaluation of the durability factor changes year by year (as the first year, second year, ..., nth year). Furthermore, as shown in Figure 4, the durability factor changes with aging and is calculated as a ratio, k, of that of the previous

year. Since the initial durability factor is maintained, the axis deviates as it is re-evaluated the following year. Therefore, considering a ratio k for each year, it is possible to predict a future value, as shown by the broken line in Figure 4.

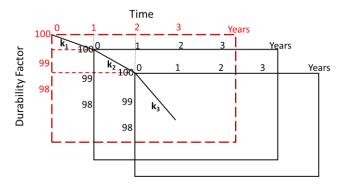


Figure 4. Conceptual diagram of the relationship between durability factor and elapsed years.

The durability factor in the n^{th} year is represented using $k_{(n)}$ as follows:

$$DF_{d(n)} = DF_{d(n-1)} \times k_n \tag{7}$$

and the ratio $k_{(n)}$ the nth year to that of the previous year in is expressed by:

$$k_n = \frac{DF_{d(n)}/DF_i}{DF_{d(n-1)}/DF_i}.$$
(8)

Next, the amount of reduction of the relative dynamic elastic modulus for each cycle is calculated. With respect to the durability factor DF, since the calculation method is different when $DF \ge 60$ and when DF < 60, the amounts of reduction are respectively calculated by:

$$\Delta E_{(n)} = \frac{100 - DF_{d(n-1)}}{300} \text{ (DF} \ge 60) \text{ and}$$
(9)

$$\Delta E_{(n)} = \frac{100 - P}{N} \ (DF < 60), \tag{10}$$

where $\Delta E_{(n)}$ represents the amount of decrease of the relative dynamic elastic modulus in the nth year.

As shown in Figure 5, $\Delta E_{(n)}$ represents the slope of the relative dynamic elastic modulus with respect to the number of cycles, and this is different when DF \geq 60 and when DF < 60. Moreover, considering the process of actual frost damage, it seems that the relative dynamic elastic modulus does not decrease with a certain value as shown in Figure 5. In this study, however, cement-based materials are supposed to deteriorate constantly every cycle in order to simplify calculation.

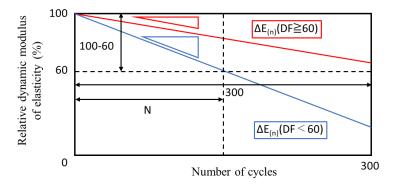


Figure 5. Relative dynamic elastic modulus decreasing per cycle.

Equation (10) can be rewritten to Equation (12) by substituting Equation (11) into Equation (10):

$$N = \frac{M \cdot DF_{(n-1)}}{P} \text{ and }$$
(11)

$$\Delta E_{(n)} = \frac{100 - P}{\frac{M \cdot DF_{(n-1)}}{P}} = \frac{100 - 60}{\frac{300 \cdot DF_{(n-1)}}{60}} = \frac{8}{DF_{(n-1)}},$$
(12)

where k_n represents the ratio of the durability factor to that of the previous year in the nth year, and $DF_{d(n)}$ represents the durability factor in the nth year.

Using the calculated amount of decrease in relative dynamic elastic modulus per cycle and Cy_{ASTM-sp}, the amount of decrease in the relative dynamic elastic modulus in each year is calculated. The relative dynamic elastic modulus in each year is calculated from the amount of decrease in the relative dynamic elastic modulus by:

$$\Delta \text{RDM}_{(n)} = Cy_{\text{ASTM-sp}} \times \Delta E_{(n)}$$
(13)

$$RDM_{(n)} = RDM_{(n-1)} - \Delta RDM_{(n)}$$
(14)

By integrating the relative dynamic elastic modulus, which decreases every year in real environments, it is possible to express the relationship between elapsed years and relative dynamic elastic modulus:

$$RDM_{(n)} = 100 - \sum_{j=1}^{n} Cy_{ASTM-sp} \cdot \Delta E_{(j)}, \qquad (15)$$

where $RDM_{(n)}$ represents the relative dynamic elastic modulus in the nth year. The service life is the number of years until the relative dynamic elastic modulus falls below 60%.

4. Model Validation and Discussion: An Application Related to Japan's Climate

Japan has four distinct seasons with climates varying from the Hokkaido to Honshu regions. Hokkaido has warm summers and very cold winters with heavy snow and it frequently observes winter temperatures as low as -20 °C. Meanwhile, Honshu has hot and humid summers and cold winters and it sometimes experiences summer temperatures of 35 °C or above.

As above, a prediction model that calculates the service life with frost damage after taking into account the effects of drying is proposed. The applicability of the meteorological statistical data used in the calculation is also examined. The greatest advantage of this model is that the climate data (temperature and relative humidity) of each country around the world can be used for this model. In this study, the frost resistance prediction of the proposed model is based on Japanese meteorological data. It uses the latest meteorological data to create a new distribution map that evaluates the regional nature of frost damage. All the regional climate data used in the calculation model are according to the Japan Meteorological Agency [42,43].

The service life is determined by finding the maximum number of years in which the relative dynamic elastic modulus does not fall below 60%. However, even when comparing the distribution maps of weather indicators of frost damage taking into consideration the risk of frost damage and the effects of drying, it is difficult to see the effects of drying purely because the evaluation methods differ greatly. Therefore, the effect of drying is evaluated by creating a distribution map of Cy_{ASTM-sp}. By creating a new distribution map of the frost damage, the effects of drying on frost damage can be visualized and the regional nature of frost damage evaluated.

The Cy_{ASTM-sp} and modified maturity values of each region in Japan are presented in Table 3. For the frost damage environment index considering Cy_{ASTM-sp} and the effect of drying, the environmental conditions used were the solar radiation conditions on the north side, the curing and drying conditions at 20 °C, and the freezing and thawing conditions in air and frozen water. In addition, N₉₀ was set to 300 and N₆₀ was set to 900 as conditions for calculating the service life

based on $Cy_{ASTM-sp}$. The frost damage environment index taking into account the effects of drying was calculated under two conditions, 60 and 90 DF_i, with W/C 45%. In Table 3, an interesting trend can be observed. Depending on the weather data of each city, the range of modified maturity values varies from 5.3 to 81.9 °C·day in Hokkaido and from 14 to 218.7 °C·day in Honshu. It can be clearly seen that the modified maturity values in cold regions are smaller than those in hot regions. Therefore, the effect of summer drying temperature can be expressed by the modified maturity index.

Region/City		Cy _{AS}	STM-sp	Modified Maturity	
		Cy _{ASTM-90}	Cy _{ASTM-60}	M _{ph} (°C∙day)	
Hokkaido	Wakkanai	0.3	1.4	14.2	
	Kitami	0.6	3.2	37.7	
	Asahikawa	1.1	6.2	81.9	
	Abashiri	0.8	4.2	35.3	
	Sapporo	0.9	4.8	76.2	
	Obihiro	1.7	9.3	62.8	
	Nemuro	0.7	3.8	6.9	
	Suttsu	0.5	3.0	34.6	
	Muroran	0.6	3.3	10.3	
	Urakawa	1.2	6.9	5.3	
	Hakodate	1.3	7.0	57.7	
	Aomori	0.7	4.1	71.0	
Honshu	Hachinohe	0.8	4.5	50.1	
	Akita	0.4	2.0	100.7	
	Morioka	1.1	6.2	85.4	
	Miyako	0.7	4.1	46.8	
	Sendai	0.2	1.2	85.6	
	Yamagata	0.6	3.3	131.6	
	Fukushima	0.2	1.2	155.8	
	Tochigi	1.3	7.0	25.4	
	Utsunomiya	0.4	2.2	133.5	
	Karuizawa	1.9	10.5	22.4	
	Matsumoto	1.1	5.8	154.0	
	Kofu	0.3	1.7	218.7	
	Takayama	1.1	6.0	119.1	
	Okayama	0.2	1.2	158.5	
	Asozan	0.9	5.1	14.0	
	Yufuin	0.4	2.0	107.3	

Table 3. Cy_{ASTM-sp} and modified maturity values of each region in Japan.

Figure 6 shows the relationship between the annual extreme value of daily maximum temperature and the modified maturity in each region. The modified maturity tends to increase as the daily maximum temperature increases, not only in Hokkaido but also in Honshu. This finding shows that the modified maturity given in Equation (2) can be used with confidence. In particular, the relationship, in the case of the Hokkaido region, exhibits a higher correlation than in the case of the Honshu region. The trends in Figure 6 suggest that the modified maturity is affected considerably and directly by the summer drying temperature. Meanwhile, the winter temperature is too low in the Hokkaido region, the short freeze–thaw period in winter and the large differences in relative humidity from region to region are the main cause of variation.

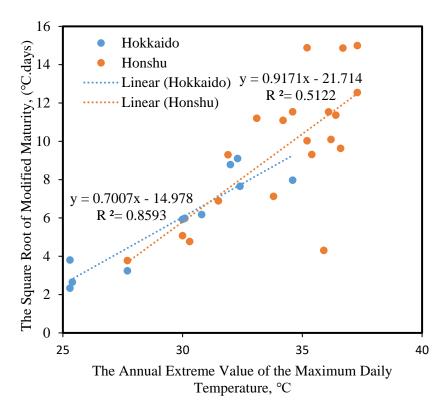


Figure 6. Relationship between the annual extreme value of daily maximum temperature and the modified maturity in each region in Japan.

The effect of the modified maturity on the ratio of the durability factors (DF_d/DF_i) is shown in Figure 7, which gives the relationship between the durability factor for different modified maturities and the elapsed years before calculating the service lifetime. It can be seen from Figure 7 that the durability factor ratio decreases gradually as the square root of the modified maturity increases. Interestingly, both DF_d (the durability factor after drying) and the modified maturity are the factors that clearly express the effect of drying due to the weather conditions. In addition, even assuming that the weather in winter is the same, the modified maturity increases as a result of the effects of the summer drying temperature and the frost damage resistance may decrease. Based on this finding, the relationship between the modified maturity and the durability factor may be considered as the first meteorological index of the effect of summer drying conditions on frost damage deterioration.

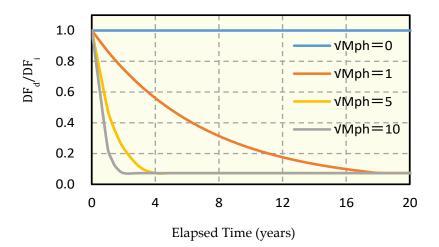


Figure 7. Degradation of durability factor for different modified maturities.

As mentioned previously in Section 3.2, Cy_{ASTM-sp} is used to estimate the effect of freezing temperature on frost damage and the effective number of freeze-thaw cycles, which is corrected to an ASTM equivalent number of cycles. Cy_{ASTM-sp} was calculated based on previous work [44], but with updated current climate data, and a distribution map was created. Figure 8a shows a distribution map of R_{a90} according to the temperature and Figure 8b shows a distribution map of the service life according to the $Cy_{ASTM-sp}$ method using updated climate data. It can be seen in Figure 8a that R_{a90} is high in the eastern Hokkaido, northern Iwate, and Nagano Prefectures. The areas that are evaluated as experiencing frost damage are mainly Chiba Prefecture on the Pacific side, along the west coast of Niigata Prefecture, and some inland areas of Kyushu. Compared with the frost damage risk in Japan according to Hasegawa and Hon [12], the areas where frost damage does not occur (that is, the risk of frost damage is 0 and the risk of frost damage is not covered by R_{a90}) are very small, and the interior of Hokkaido is very small. The difference is a relatively small value. With regard to frost damage risk, even if some freezing and thawing has occurred, it is judged that frost damage will not occur in areas where the frost damage risk is below a certain value. On the other hand, in the R_{a90} distribution map, only areas where t_{amin} is approximately -1.3 °C or higher and water in concrete is very unlikely to freeze are treated as exempt from frost damage. As a result, R_{a90} was stricter in the evaluation of the presence of frost damage, and, even in Honshu, most of the area except the coastal area indicated the presence of frost damage. The inland areas of Hokkaido have high altitude and low temperature, so the number of freezing days increases, the regional coefficient T becomes smaller, and R_{a90} is lower than in surrounding areas such as eastern Hokkaido.

From the above, it becomes clear that the evaluation of the presence or absence of frost damage by $Cy_{ASTM-sp}$ was more severe than the degree of frost damage risk, and that it was easily affected by the duration of freezing. In addition, the service life of cement-based materials (assuming a durability factor of 90) was over 100 years in all regions including Hokkaido.

Figure 9 shows the distribution of service life considering the effect of pore structure change due to drying of concrete, assuming a durability factor of 90. This service life is 30 years or less in many areas subject to frost damage, and is significantly reduced compared to the service life based on $Cy_{ASTM-sp}$, which does not consider the effects of drying. In Honshu, where the temperature is higher than in Hokkaido, the modified maturity is large, and the rate of frost damage resistance declines quickly. As a result, the service life in the mountainous area of Honshu is less than 20 years, which is almost the same as in the whole area of Hokkaido. Considering the decrease in frost damage resistance due to drying, there is a wide range of risk of frost damage in Honshu as well as in Hokkaido.

Figure 10 shows the distribution of service life considering the effect of pore structure change due to drying of mortar assuming a durability factor of 60. With this, the areas with a service life of less than 10 years have expanded, mainly in eastern Hokkaido, the mountainous areas of the Tohoku region, the entire area of Nagano Prefecture, and the northern part of Gifu Prefecture. There is no significant change for regions that are older than a year. It is considered that these areas maintain a service life of more than 100 years even if the durability factor is lowered because R_{a90} is close to but not zero. In most regions where the durability factor is 90 and the service life is 20–30 years, the service life is reduced to 10–20 years and to almost 10 years when the durability factor is 60. From this, it can be said that, when the durability factor is 60, the risks of frost damage in Honshu and Hokkaido are more equal than in the case where the durability factor is 90.

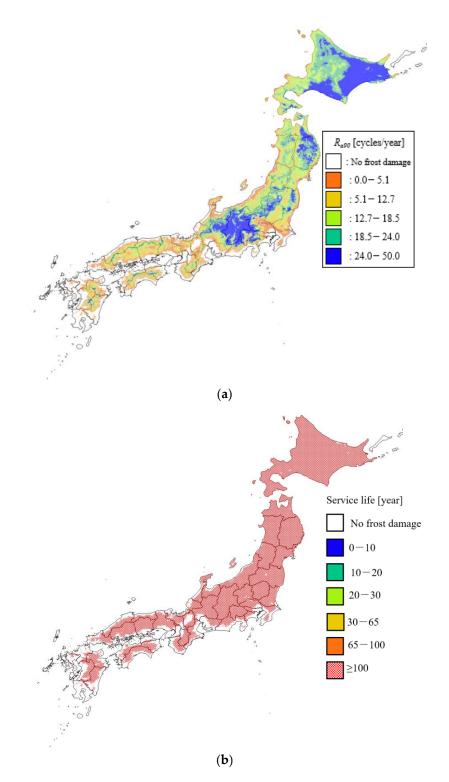


Figure 8. Distribution maps of: (a) R_{a90} based on temperature and (b) service life based on $Cy_{ASTM-sp}$. Solar radiation conditions: north side; curing conditions: 20 °C drying; freezing and thawing conditions: thawing in air; number of cycles at which relative dynamic elastic modulus is 90%: 300; and number of cycles at which the relative dynamic elastic modulus becomes 90%: 900.

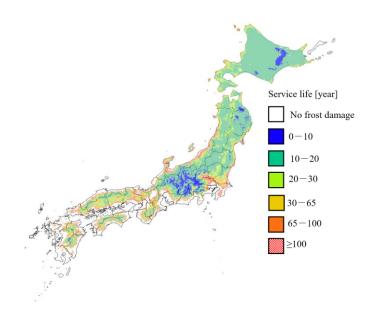


Figure 9. Distribution map of service life considering the effect of pore structure change due to drying with an initial durability factor of 90. Solar radiation conditions: north side; curing conditions: 20 °C drying; freezing and thawing conditions: thawing in air; and water-to-cement ratio: 0.45.

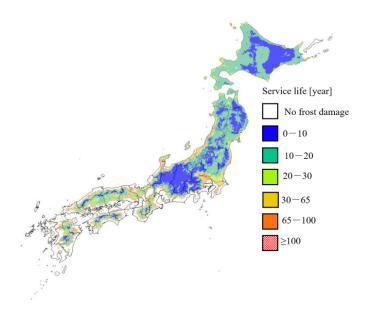


Figure 10. Distribution map of service life considering the effect of pore structure change due to drying with an initial durability factor of 60. Solar radiation conditions: north side; curing conditions: 20 °C drying; freezing and thawing conditions: thawing in air; and water-to-cement ratio: 0.45.

In addition, it became clear that, by considering drying, the deterioration progressed rapidly and the service life was greatly reduced. Furthermore, it was found that, even in temperate regions, the risk of frost damage when considering drying may be equivalent to that in cold regions, especially in construction materials with a low durability factor. In particular, by considering the effects of drying, it is important to note that the risk of frost damage in Honshu and Kyushu can be equal to that in Hokkaido. When comparing the conventional Cy_{ASTM-sp} method and the service life, even in areas where the influence of the winter seasons is small and the risk of frost damage deterioration was underestimated, it turned out that the service life was shorter when considering the influence of summer.

From the distribution map of the service life of cement-based materials assuming a durability factor of 90, it became clear that the progress of deterioration rapidly increased as a result of drying, and the service life decreased significantly. Furthermore, it was confirmed that the risk of frost damage in some parts of Honshu was the same as that in Hokkaido, and this was more pronounced as the initial durability factor was lower. By evaluating the regional characteristics of frost damage, it is possible to develop maintenance plans such as proactive repair plans and the selection of structures that should be subject to intensive degradation investigations. It is proposed to use it for compounding planning considering the repair cycle.

5. Conclusions

Based on the results presented in this study, several conclusions can be drawn:

- It was confirmed that the change in pore structure due to drying at high temperature in the summer greatly decreased the durability factor of cement-based materials, as the annual maturity value based on time, temperature, and humidity was larger.
- A distribution map of frost damage risk was created using meteorological data for the frost damage deterioration of mortar. The service life becomes shorter when considering the influence of summer drying. From the distribution map of the service life assuming the same durability index, it became clear that the deterioration progressed rapidly and the service life was significantly reduced by considering the drying.
- It was found that, even in warm regions, the risk of frost damage could be the same as in cold regions when taking into account the effects of drying, and that the tendency was more pronounced for concrete with a low durability factor.
- The environment index and its distribution map established and created by this research can be used for regional evaluation as well as proposed utilization for applications such as management that contribute to extending the life of buildings.
- The climate data of each country around the world can be used for prediction model, therefore, future work is also needed to investigate the effect of various climate types such as tropical, temperate and polar on prediction model and develop a software using the results of this study.

Author Contributions: Formal analysis, N.X.Q.; data curation, Y.H. and N.X.Q.; software, T.N.; investigation, S.N.; writing—original draft preparation, N.X.Q.; writing—review and editing, N.X.Q., J.K., and Y.H.; supervision, J.K. and Y.H.; project administration, N.X.Q. and Y.H. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by JSPS KAKENHI Grant Number JP16H04444.

Acknowledgments: The authors would like to thank Kota Matsumoto and Akio Sakaguchi for help during the MIP test.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Neville, A.M. Properties of Concrete, 5th ed.; Pearson: London, UK, 2012.
- 2. Mehta, P.K.; Monteiro, P.J.M. *Concrete: Microstructure, Properties and Materials*, 4th ed.; McGraw-Hill Education: New York, NY, USA, 2014.
- 3. Zuber, B.; Marchand, J. Modeling the deterioration of hydrated cement systems exposed to frost action Part I: Description of the mathematical model. *Cem. Concr. Res.* **2000**, *30*, 1929–1939. [CrossRef]
- 4. Hayashida, H.; Hama, Y.; Endo, H. Study on Correction of Moisture Condition in Frost Damage Degradation Prediction. *Proc. Jpn. Concr. Inst.* **2011**, *33*, 917–922.
- 5. Coussy, O.; Monteiro, P. Poroelastic model for concrete exposed to freezing temperatures. *Cem. Concr. Res.* **2008**, *38*, 40–48. [CrossRef]

- 6. Duan, A.; Tian, Y.; Dai, J.G.; Jin, W.L. A stochastic damage model for evaluating the internal deterioration of concrete due to freeze–thaw action. *Mater. Struct.* **2014**, *47*, 1025–1039. [CrossRef]
- Aghabaglou, A.M.; Cakir, O.A.; Ramyar, K. Freeze–thaw resistance and transport properties of high-volume fly ash roller compacted concrete designed by maximum density method. *Cem. Concr. Compos.* 2013, 37, 259–266. [CrossRef]
- 8. Shang, H.S.; Song, Y.P. Experimental study of strength and deformation of plain concrete under biaxial compression after freezing and thawing cycles. *Cem. Concr. Res.* **2006**, *36*, 1857–1864. [CrossRef]
- 9. Setzer, M.J.; Heine, P.; Kasparek, S.; Palecki, S.; Auberg, R.; Feldrappe, V.; Siebel, E. Test methods of frost resistance of concrete: CIF-Test: Capillary suction, internal damage and freeze thaw test—Reference method and alternative methods A and B. *Mater. Struct.* **2004**, *37*, 743–753. [CrossRef]
- Choi, H.; Zhang, W.; Hama, Y. Method for determining early-age frost damage of concrete by using air-permeability index and influence of early-age frost damage on concrete durability. *Constr. Build. Mater.* 2017, 153, 630–639. [CrossRef]
- 11. Bazant, Z.P.; Chern, J.-C. Mathematical model for freeze-thaw durability of concrete. *J. Am. Ceram. Soc.* **1988**, 71, 776–783. [CrossRef]
- 12. Hasegawa, K.; Hon, E. *Influence of External Factors on Frost Damage of Concrete and Frost Damage Risk in Japan;* Research Report; Faculty of Engineering, Hokkaido University: Hokkaido, Japan, 1979. (In Japanese)
- 13. Hama, Y.; Senbu, O.; Tomosawa, F. Effect of curing condition before freezing and thawing test to frost resistance of high performance concrete. In Proceedings of the 6th International Symposium on High Strength/High Performance Concrete, Leipzig, Germany, June 2002; pp. 1017–1025.
- 14. Hama, Y.; Kamada, E.; Han, C.G. An experimental study on frost resistance of concrete considering drying effects. In Proceedings of the International RILEM Workshop on Resistance of Concrete to Freezing and Thawing with or without de-icing Chemicals, Essen, Germany, 22–23 September 1997; pp. 207–214.
- 15. ASTM. C666/C666M—15 Standard Test Method for Resistance of Concrete to Rapid Freezing and Thawing; ASTM International: West Conshohocken, PA, USA, 2015.
- 16. Hama, Y.; Matsumura, K.; Tabata, M.; Tomiita, T.; Kamada, E. Estimation of frost damage of concrete based on meteorological factors. *J. Struct. Constr. Eng.* **1999**, *523*, 9–16. [CrossRef]
- 17. Hama, Y.; Aono, Y.; Shibata, S. Influence of micro-cracks on frost resistance of high performance concrete. In Proceedings of the International Conference on Durability of HPC and Final Workshop of CONLIFE, AEDIFICATIO, Essen, Germany, 23–24 September 2004; pp. 267–276.
- 18. Aono, Y.; Matsushita, F.; Shibata, S.; Hama, Y. Study on Frost Resistance and Its Degradation Mechanism of Concrete Subjected to Drying and Wetting Cycles. *J. Struct. Constr. Eng.* **2006**, *607*, 15–22. [CrossRef]
- 19. Kamada, E.; Senbu, O.; Tabata, M.; Tanaka, H. Statistical Investigation Concerning the Effects of Pore Structure on The Frost Resistance of Concrete. *J. Struct. Constr. Eng.* **1996**, *487*, 1–9.
- 20. Shibuya, M.; Hama, Y.; Osaka, S.; Kishimoto, Y. Relationship between pore structure change and frost damage resistance of outdoor exposed mortar. *Proc. Arch. Inst. Jpn.* **2010**, *A*-1, 1275–1276.
- 21. Nakamura, T.; Hama, Y.; Kishimoto, Y.; Zakaria, M. Proposal of Prediction Formula for Frost Resistance Due to Pore Structural Change of Mortar by Drying. *Proc. Jpn. Concr. Inst.* **2013**, *35*, 925–930.
- 22. Nakamura, T.; Hama, Y.; Taniguchi, M. Relationship Between the Change of Volume of Pore Size 40-2000 nm Diameter Macro Pore of Mortar in Drying Condition and Maturity. *J. Struct. Constr. Eng.* **2015**, 713, 981–989. [CrossRef]
- 23. Aono, Y.; Matsushita, F.; Shibata, S.; Hama, Y. Nano-structural changes of C-S-H in hardened cement paste during drying at 50 °C. *J. Adv. Concr. Technol.* **2007**, *5*, 313–323. [CrossRef]
- Hama, Y.; Kishimoto, Y.; Zakaria, M. Frost resistance and micro pore structure change of mortar exposed to different climate conditions. In Proceedings of the RILEM Proceedings, 2nd International Conference on Microstructural-related Durability of Cementitious Composites, Amsterdam, The Netherlands, 11–13 April 2012; pp. 630–638.
- 25. Marusin, S. The effect of variation in pore structure on the frost resistance of porous materials. *Cem. Concr. Res.* **1981**, *11*, 115–124. [CrossRef]
- 26. Kamada, E. Frost damage of concrete and pore structure of hardened cement paste. *Proc. Jpn. Concr. Inst.* **1988**, *101*, 51–60.
- 27. Sun, W.; Zhang, Y.M.; Yan, H.D.; Mu, R. Damage and damage resistance of high strength concrete under the action of load and freeze–thaw cycles. *Cem. Concr. Res.* **1999**, *29*, 1519–1523. [CrossRef]

- 28. Hama, Y.; Kamada, E. Strength development under freezing conditions and freezing behavior of water in concrete with accerelatores for freeze protection. *Concr. Res. Technol.* **1997**, *8*, 73–80. [CrossRef]
- 29. Beaudoin, J.J.; Macinnis, C. The mechanism of frost damage in hardened cement paste. *Cem. Concr. Res.* **1974**, *4*, 139–147. [CrossRef]
- 30. Hanjari, K.Z.; Utgenannt, P.; Lundgrent, K. Experimental study of the material and bond properties of frost-damaged concrete. *Cem. Concr. Res.* **2011**, *41*, 244–254. [CrossRef]
- 31. Tang, L.; Petersson, P.E. Slab test: Freeze/thaw resistance of concrete—Internal deterioration. *Mater. Struct.* **2004**, *37*, 754–759. [CrossRef]
- 32. Powers, T.C. A working hypothesis for further studies of frost resistance of concrete. *J. Am. Concr. Inst.* **1945**, 16, 245–271.
- 33. Geiker, M.R.; Laugesen, P. On the effect of laboratory conditioning and freeze/thaw exposure on moisture profiles in HPC. *Cem. Concr. Res.* **2001**, *31*, 1831–1836. [CrossRef]
- 34. Powers, T.C. Frost resistant concrete. J. PCA. Res. Dev. Lab. 1964, 6, 19.
- 35. Washburn, E.W. The Dynamics of Capillary Flow. Phys. Rev. 1921, 17, 273–283. [CrossRef]
- Abell, A.B.; Willis, K.L.; Lange, D.A. Mercury Intrusion Porosimetry and Image Analysis of Cement-based Materials. J. Coll. Interf. Sci. 1999, 211, 39–44. [CrossRef]
- 37. Wu, M.; Johannesson, B.; Geiker, M. A study of the water vapor sorption isotherms of hardened cement pastes: Possible pore structure changes at low relative humidity and the impact of temperature on isotherms. *Cem. Concr. Res.* **2014**, *56*, 97–105. [CrossRef]
- 38. Suwanmaneechot, P.; Aili, A.; Maruyama, I. Creep behavior of C-S-H under different drying relative humidities: Interpretation of microindentation tests and sorption measurements by multi-scale analysis. *Cem. Concr. Res.* **2020**, *132*. (In Progress) [CrossRef]
- Jennings, H.M. A model for the microstructure of calcium silicate hydrate in cement paste. *Cem. Concr. Res.* 2000, 30, 101–116. [CrossRef]
- 40. Carino, N.J.; Lew, H.S. The Maturity Method: From Theory to Application. In Proceedings of the 2001 Structures Congress and Exposition, Washington, DC, USA, 21–23 May 2001; p. 19.
- 41. Quy, N.X.; Kim, J.; Hama, Y. Effect of 10-Year Outdoor Exposure and Curing Conditions on the Pore Structure Characteristics of Hardened Cement Mortar. *J. Adv. Concr. Technol.* **2018**, *16*, 461–475. [CrossRef]
- 42. Japan Climate Index: Part 1, Part 5; Japan Meteorological Agency: Tokyo, Japan, 1982.
- 43. Japan Meteorological Agency. Available online: https://www.jma.go.jp/jma/indexe.html (accessed on 6 September 2018).
- 44. Hama, Y.; Kamada, E.; Tabata, M.; Koh, Y. Study on the relationship between environmental conditions and standard method of freezing-and-thawing test (ASTM C666 A) on frost resistance of concrete. Durability of building materials and components 6. In Proceedings of the Sixth International Conference held in Omiya, Omiya, Japan, 26–29 October 1993; Nagataki, S., Nireki, T., Tomosawa, F., Eds.; E & FN SPON an Imprint of Chapman & Hall: London, UK, 1993.



© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).